ATENEO DE MANILA UNIVERSITY
LOYOLA SCHOOLS

COURSE SYLLABUS

COURSE NUMBER : Psychology 101 (Psy101)
TITLE : General Psychology
DEPARTMENT : Department of Psychology
SCHOOL : School of Social Sciences
SEMESTER AND SCHOOL YEAR: SEM 2 SY 2015-2016
NUMBER OF UNITS: Three (3)
FACULTY : Mr. Johann Andrew V. Sagmit, PhD-candidate
SCHEDULE & VENUE: Section O 14:00-15:30 TTH, CTC 304
Section N 15:30-17:00 TTH, CTC 216

A. COURSE DESCRIPTION

PSY 101 (General Psychology) aims to provide YOU, the student, with a general overview of the field of psychology.

Various approaches and theories of human behavior will be introduced to help you develop a better understanding and appreciation of people.

You will explore scientific methods and skills which you can use to formulate solutions to everyday human problems.

More importantly, this course aims to facilitate your personal development or growth through enrichment activities and peer interaction.

Specifically, through this course, you will be able to:
- learn the following competencies: knowledge and skills in Psychology, critical thinking, ethical behavior, research, and cultural diversity;
- practice the following competencies: independent and continuous learning, collaboration, leadership and innovation, social responsibility, and personal mastery.

B. LEARNING OUTCOMES

At the end of the course, students are expected to:

1. Summarize and explain the basic concepts and theories of psychology
2. Utilize scientific research in understanding human behavior and mental processes
3. Analyze local and global events and cultural phenomena using psychological concepts and theories
4. Critically discuss Western psychological theories and their adequacy in explaining behaviors and mental processes in the Philippine setting
5. Reflect on personal experiences and development using psychological principles
6. Apply psychological concepts in improving one’s own cognitive, social, emotional and physical development, including addressing specific societal concerns.
7. Identify psychological theories that may be used in enabling social change
8. Learn basic ethical principles in research
9. Practice collaborative and leadership strategies in conducting group activities
C. COURSE OUTLINE

<table>
<thead>
<tr>
<th>Basic Course Content</th>
<th>Tentative Schedule</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chapter 01 – Understanding the Science of Psychology</td>
<td>week 1 &amp; 2</td>
</tr>
<tr>
<td>Chapter 02 – From the Biological Perspective</td>
<td>week 3 &amp; 4</td>
</tr>
<tr>
<td>Chapter 05 – A Look At Learning</td>
<td>week 5</td>
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<tr>
<td>Chapter 06 – Examining Memory</td>
<td>week 6</td>
</tr>
<tr>
<td>Chapter 08 – Our Development Across the Lifespan</td>
<td>week 11 and 12</td>
</tr>
<tr>
<td>Chapter 13 – Theories of Personality</td>
<td>week 7 and 9</td>
</tr>
<tr>
<td>Chapter 12 – A Look At Social Psychology</td>
<td>week 10</td>
</tr>
</tbody>
</table>

Additional Chapters

| Chapter 07 - Cognition (pages 252 to 284) | week 7 |
| Chapter 14 – Psychological Disorders | week 13 |

D. REQUIRED READINGS

MAIN REFERENCE:

Understanding Psychology, 3rd ed.
Saundra K. Ciccarelli and J. Noland White
Pearson Education, Inc.
2012

E. SUGGESTED READINGS

SUPPLEMENTARY REFERENCES:

General Psychology for Filipino College Students
Lota A. Teh and Ma. Elizabeth J. Macapagal (eds)
Ateneo de Manila University Press
2007

Phenomena and their interpretation: Landmark essays 1959-1989
Jaime Bulatao
Ateneo de Manila University Press

F. COURSE REQUIREMENTS

Assessment

In terms of competencies

<table>
<thead>
<tr>
<th></th>
<th>Knowledge and skills in Psychology</th>
<th>Critical thinking</th>
<th>Ethical behavior</th>
<th>Independent &amp; continuous learning</th>
<th>Cultural diversity &amp; sensitivity</th>
<th>Collaboration</th>
<th>Research excellence</th>
<th>Leadership &amp; innovation</th>
<th>Social responsibility</th>
<th>Personal Mastery</th>
</tr>
</thead>
<tbody>
<tr>
<td>70% Exams and Quizzes</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
</tr>
<tr>
<td>30% Enrichment Activities</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
</tr>
</tbody>
</table>
In terms of components

70% Exams and Quizzes
  55% Long Tests and Quizzes
  15% Departmental Final Exam

30% Enrichment Activities
  15% Creative Synthesis/ Major Group Project (incl Peer Evaluation)
  15% Class Projects, Reflection Papers, and Enrichment Worksheets

Conditions For Passing PSY 101

TO PASS THIS COURSE, the student must obtain a cumulative average of NO LESS THAN 70% in each of the following categories:
• the 70% Exams, Quizzes, and Class Participation
• the 30% Projects, Reports, Reflection Papers, and Worksheets, and
• consequently the Final Class Standing

A cumulative average of less than 70% in any of these categories constitutes an automatic failing mark (F) in this course. This is non-negotiable.

There will be no exemptions from taking the Final Exam

G. GRADING SYSTEM

<table>
<thead>
<tr>
<th>Grade</th>
<th>Description</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td>Excellent</td>
<td>92 and above</td>
</tr>
<tr>
<td>B+</td>
<td>Very Good</td>
<td>87 – 91</td>
</tr>
<tr>
<td>B</td>
<td>Above Average</td>
<td>83 – 86</td>
</tr>
<tr>
<td>C+</td>
<td>Average</td>
<td>78 – 82</td>
</tr>
<tr>
<td>C</td>
<td>Below Average</td>
<td>75 – 77</td>
</tr>
<tr>
<td>D</td>
<td>Barely Passing</td>
<td>70 – 74</td>
</tr>
<tr>
<td>F</td>
<td>Failed</td>
<td>below 70</td>
</tr>
<tr>
<td>W</td>
<td>Withdraw without permission (usually due to absences)</td>
<td></td>
</tr>
<tr>
<td>WP</td>
<td>Withdraw with permission</td>
<td></td>
</tr>
</tbody>
</table>

H. CLASSROOM POLICIES

1. Absences & tardiness: You are only allowed 3 cuts. Students who are not in the classroom when the second bell rings (start of class) are considered tardy (being tardy twice is equivalent to an absence). If a student exceeds the maximum allowable cut, the student automatically receives a final grade of W.

2. Active learners: Please turn off cell phones (or put them on silent mode) during class. Not disrupting class proceedings is a sign of respect and maturity. Maximum participation is encouraged and done by doing all the assigned readings before each class and reciting.

3. Quizzes, exercises, and assignments: Students who are tardy and absent can no longer make up for the quizzes and exercises given on that day. Everyone should submit assignments, papers, and reports type-written during class time. Final grade of late papers will be deducted 20% for every day (including weekends) late.
4. **Make-up exams:** No make-up exam will be given except in the case of extreme circumstances such as serious illness, accident or death in the family, or attendance in official University events. Make-up long exams will only be given subject to approval. Missing the final or long tests without prior notice merits an F. If a conflict in the final exam schedule arises, the student must inform the instructor at least 3 days prior to tests/finals.

5. **Bonus points:** Bonus points can be earned only from activities that were endorsed by the teacher with a maximum of 3% contribution to enrichment activities.

6. **Housekeeping:** EATING during class time is highly discouraged. The class beadles are to ensure that their area is clean before eating leaving lights and air conditioners must also be switched off.

7. **Clearance:** To be cleared, students should pay for the photocopying expenses for worksheets and instructional materials before the final exam and collect their projects after these have been checked and marked. Otherwise the student will not be allowed to take the final exam.

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I. **CONSULTATION HOURS**

Tuesdays, 17:00 to 18:00  
Preferably by appointment through: ajvsagmit@yahoo.com  
Venue: Psych Dept, 3/F Leong Hall

Make sure you make yourself a part of this FB account: admusagmitpsy101@hotmail.com  
All announcements, inquiries, and other instructions will be made available in this account.